## Individual Times - Supercross Groups B & C Practice #1

<table>
<thead>
<tr>
<th></th>
<th>SEG 1</th>
<th>SEG 2</th>
<th>SEG 3</th>
<th>Laptime</th>
</tr>
</thead>
<tbody>
<tr>
<td>58</td>
<td>Weston L Peick</td>
<td>Yamaha YZ450F</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:00.904</td>
<td>24.380</td>
<td>24.601</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:04.999</td>
<td>27.061</td>
<td>27.082</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:09.422</td>
<td>30.667</td>
<td>30.688</td>
<td></td>
</tr>
<tr>
<td>150</td>
<td>Scott Metz</td>
<td>Kawasaki KX450</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:03.199</td>
<td>27.585</td>
<td>1:05.129</td>
<td></td>
</tr>
<tr>
<td>192</td>
<td>Cameron P Lansing</td>
<td>Kawasaki KX450</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:01.654</td>
<td>25.890</td>
<td>1:05.736</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:07.128</td>
<td>21.977</td>
<td>2:11.576</td>
<td></td>
</tr>
<tr>
<td>198</td>
<td>Jacob Saylor</td>
<td>Kawasaki KX450</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:03.895</td>
<td>25.914</td>
<td>2:15.374</td>
<td></td>
</tr>
<tr>
<td>216</td>
<td>Jared A Boothroyd</td>
<td>Suzuki RMZ450</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:00.904</td>
<td>24.380</td>
<td>24.601</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:04.999</td>
<td>27.061</td>
<td>27.082</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:09.422</td>
<td>30.667</td>
<td>30.688</td>
<td></td>
</tr>
<tr>
<td>309</td>
<td>Spencer R Daily</td>
<td>Suzuki RM-Z450</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1:03.895</td>
<td>25.914</td>
<td>2:15.374</td>
<td></td>
</tr>
</tbody>
</table>

### Notes
- **SEG 1**: 20.513 1:05.129 1:01.526 1:06.804 1:00.894
- **SEG 2**: 26.387 1:34.287 1:05.129 1:09.422 1:08.914
- **SEG 3**: 20.513 1:05.129 1:01.526 1:06.804 1:00.894

---

### Average Lap Times
- **Seg 1**: 20.188 (19.506, 19.881) 2:11.654 (1:01.654)
- **Seg 2**: 20.188 (19.506, 19.881) 2:11.654 (1:01.654)
- **Seg 3**: 20.188 (19.506, 19.881) 2:11.654 (1:01.654)

---

### Practice #1 Lap Times

**Seg 1**: 20.513 1:05.129 1:01.526 1:06.804 1:00.894

**Seg 2**: 26.387 1:34.287 1:05.129 1:09.422 1:08.914

**Seg 3**: 20.513 1:05.129 1:01.526 1:06.804 1:00.894

---

**Average Lap Time**: The average of lap times within 120% of the rider's fastest lap in this session.
### AMA Supercross

**Lucas Oil Stadium - Indianapolis, IN**

**Round 7 of 17 - February 20, 2010**

**MONSTER ENERGY AMA SUPER CROSS, AN AYM WORLD CHAMPIONSHIP**

**In D I V I D U A L  T I M E S -  S U P E R C R O S S  G R O U P S  B  &  C  P R A C T I C E #1**

<table>
<thead>
<tr>
<th>SEG 3</th>
<th>SEG 2</th>
<th>SEG 1</th>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>20.609</td>
<td>23.744</td>
<td>23.075</td>
</tr>
<tr>
<td>6</td>
<td>20.290</td>
<td>18.963</td>
<td>20.665</td>
</tr>
<tr>
<td>7</td>
<td>1:25.972</td>
<td>27.706</td>
<td>24.132</td>
</tr>
<tr>
<td>8</td>
<td>20.337</td>
<td>18.575</td>
<td>20.166</td>
</tr>
<tr>
<td>9</td>
<td>26.188</td>
<td>28.179</td>
<td>22.653</td>
</tr>
<tr>
<td>10</td>
<td>19.793</td>
<td>20.646</td>
<td>23.601</td>
</tr>
<tr>
<td>11</td>
<td>20.027</td>
<td>26.119</td>
<td>30.966</td>
</tr>
<tr>
<td>13</td>
<td>19.995</td>
<td>18.755</td>
<td>29.048</td>
</tr>
</tbody>
</table>

**IDEAL**

<table>
<thead>
<tr>
<th>SEG 3</th>
<th>SEG 2</th>
<th>SEG 1</th>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>47.419</td>
<td>22.509</td>
<td>25.104</td>
</tr>
<tr>
<td>5</td>
<td>21.855</td>
<td>19.089</td>
<td>24.413</td>
</tr>
<tr>
<td>6</td>
<td>19.407</td>
<td>18.939</td>
<td>25.106</td>
</tr>
<tr>
<td>7</td>
<td>19.740</td>
<td>19.106</td>
<td>21.899</td>
</tr>
<tr>
<td>8</td>
<td>20.040</td>
<td>18.785</td>
<td>22.264</td>
</tr>
<tr>
<td>9</td>
<td>30.465</td>
<td>19.338</td>
<td>22.142</td>
</tr>
<tr>
<td>10</td>
<td>19.811</td>
<td>19.729</td>
<td>20.417</td>
</tr>
<tr>
<td>12</td>
<td>19.453</td>
<td>19.196</td>
<td>28.027</td>
</tr>
<tr>
<td>13</td>
<td>19.650</td>
<td>18.869</td>
<td>20.861</td>
</tr>
<tr>
<td>14</td>
<td>1:19.360</td>
<td>25.337</td>
<td>22.545</td>
</tr>
<tr>
<td>15</td>
<td>22.618</td>
<td>20.206</td>
<td>29.439</td>
</tr>
<tr>
<td>16</td>
<td>25.078</td>
<td>19.074</td>
<td>27.221</td>
</tr>
<tr>
<td>17</td>
<td>20.537</td>
<td>19.417</td>
<td>33.157</td>
</tr>
<tr>
<td>18</td>
<td>20.787</td>
<td>19.909</td>
<td>23.323</td>
</tr>
<tr>
<td>19</td>
<td>20.390</td>
<td>19.551</td>
<td>22.066</td>
</tr>
<tr>
<td>20</td>
<td>19.407</td>
<td>18.785</td>
<td>20.417</td>
</tr>
</tbody>
</table>

**James Povolny**

<table>
<thead>
<tr>
<th>SEG 3</th>
<th>SEG 2</th>
<th>SEG 1</th>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>47.419</td>
<td>22.509</td>
<td>25.104</td>
</tr>
<tr>
<td>2</td>
<td>21.855</td>
<td>19.089</td>
<td>24.413</td>
</tr>
<tr>
<td>3</td>
<td>19.407</td>
<td>18.939</td>
<td>25.106</td>
</tr>
<tr>
<td>4</td>
<td>19.740</td>
<td>19.106</td>
<td>21.899</td>
</tr>
<tr>
<td>5</td>
<td>20.040</td>
<td>18.785</td>
<td>22.264</td>
</tr>
<tr>
<td>6</td>
<td>30.465</td>
<td>19.338</td>
<td>22.142</td>
</tr>
<tr>
<td>7</td>
<td>19.811</td>
<td>19.729</td>
<td>20.417</td>
</tr>
<tr>
<td>9</td>
<td>19.453</td>
<td>19.196</td>
<td>28.027</td>
</tr>
<tr>
<td>10</td>
<td>19.650</td>
<td>18.869</td>
<td>20.861</td>
</tr>
<tr>
<td>11</td>
<td>1:19.360</td>
<td>25.337</td>
<td>22.545</td>
</tr>
<tr>
<td>12</td>
<td>22.618</td>
<td>20.206</td>
<td>29.439</td>
</tr>
<tr>
<td>13</td>
<td>25.078</td>
<td>19.074</td>
<td>27.221</td>
</tr>
<tr>
<td>14</td>
<td>20.537</td>
<td>19.417</td>
<td>33.157</td>
</tr>
<tr>
<td>15</td>
<td>20.787</td>
<td>19.909</td>
<td>23.323</td>
</tr>
<tr>
<td>16</td>
<td>20.390</td>
<td>19.551</td>
<td>22.066</td>
</tr>
<tr>
<td>17</td>
<td>19.407</td>
<td>18.785</td>
<td>20.417</td>
</tr>
</tbody>
</table>

**Kawasaki KX450F**

<table>
<thead>
<tr>
<th>SEG 3</th>
<th>SEG 2</th>
<th>SEG 1</th>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>57.934</td>
<td>27.205</td>
<td>30.129</td>
</tr>
<tr>
<td>2</td>
<td>20.705</td>
<td>19.592</td>
<td>22.420</td>
</tr>
<tr>
<td>3</td>
<td>25.856</td>
<td>28.325</td>
<td>26.073</td>
</tr>
<tr>
<td>4</td>
<td>21.555</td>
<td>19.689</td>
<td>21.813</td>
</tr>
<tr>
<td>5</td>
<td>31.302</td>
<td>15.612</td>
<td>44.800</td>
</tr>
<tr>
<td>6</td>
<td>1:08.295</td>
<td>26.694</td>
<td>30.096</td>
</tr>
<tr>
<td>7</td>
<td>21.007</td>
<td>19.245</td>
<td>22.652</td>
</tr>
<tr>
<td>8</td>
<td>32.096</td>
<td>28.897</td>
<td>28.929</td>
</tr>
<tr>
<td>9</td>
<td>29.993</td>
<td>28.701</td>
<td>30.739</td>
</tr>
<tr>
<td>10</td>
<td>20.513</td>
<td>19.379</td>
<td>25.027</td>
</tr>
<tr>
<td>11</td>
<td>30.935</td>
<td>30.398</td>
<td>31.857</td>
</tr>
<tr>
<td>12</td>
<td>21.280</td>
<td>19.504</td>
<td>22.271</td>
</tr>
<tr>
<td>13</td>
<td>36.377</td>
<td>28.836</td>
<td>31.960</td>
</tr>
</tbody>
</table>

**IDEAL**

<table>
<thead>
<tr>
<th>SEG 3</th>
<th>SEG 2</th>
<th>SEG 1</th>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>20.390</td>
<td>19.551</td>
<td>22.066</td>
</tr>
<tr>
<td>2</td>
<td>19.407</td>
<td>18.785</td>
<td>20.417</td>
</tr>
</tbody>
</table>

**James Povolny - Kawasaki KX450F**

**LAPTIME**

- lap ended in the pits

**Average laptime is the average of laptimes within 120% of the rider's fastest lap in this session**

**AMA Pro Racing Timing & Scoring Services**
## INDIVIDUAL TIMES - SUPERCROSS GROUPS B & C PRACTICE #1

**AMA Supercross**

**LUCAS OIL STADIUM - INDIANAPOLIS, IN**

**ROUND 7 OF 17 - FEBRUARY 20, 2010**

**MONSTER ENERGY AMA SUPERCROSS, AN FIM WORLD CHAMPIONSHIP**

### Chad G Cook

**Kawasaki KX450F**

<table>
<thead>
<tr>
<th>LAP</th>
<th>SEG 1</th>
<th>SEG 2</th>
<th>SEG 3</th>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>46.276</td>
<td>22.458</td>
<td>23.812</td>
<td>1:02.483</td>
</tr>
<tr>
<td>3</td>
<td>21.489</td>
<td>19.121</td>
<td>22.597</td>
<td>1:03.207</td>
</tr>
<tr>
<td>4</td>
<td>28.030</td>
<td>19.649</td>
<td>22.022</td>
<td>1:02.701</td>
</tr>
<tr>
<td>5</td>
<td>44.189</td>
<td>25.701</td>
<td>21.696</td>
<td>1:01.587</td>
</tr>
<tr>
<td>6</td>
<td>20.482</td>
<td>19.576</td>
<td>23.124</td>
<td>1:03.182</td>
</tr>
<tr>
<td>7</td>
<td>49.311</td>
<td>20.960</td>
<td>21.753</td>
<td>1:03.424</td>
</tr>
<tr>
<td>8</td>
<td>20.483</td>
<td>19.924</td>
<td>22.104</td>
<td>1:02.508</td>
</tr>
<tr>
<td>9</td>
<td>57.540</td>
<td>24.830</td>
<td>28.044</td>
<td>1:02.824</td>
</tr>
<tr>
<td>10</td>
<td>20.752</td>
<td>19.111</td>
<td>22.090</td>
<td>1:01.953</td>
</tr>
<tr>
<td>11</td>
<td>21.292</td>
<td>19.582</td>
<td>22.770</td>
<td>1:03.644</td>
</tr>
<tr>
<td>12</td>
<td>1:27.946</td>
<td>32.899</td>
<td>27.326</td>
<td>2:28.511</td>
</tr>
<tr>
<td>13</td>
<td>20.443</td>
<td>19.565</td>
<td>24.754</td>
<td>1:04.769</td>
</tr>
<tr>
<td>14</td>
<td>28.639</td>
<td>29.482</td>
<td>31.683</td>
<td>1:09.804</td>
</tr>
</tbody>
</table>

**AVG**

<table>
<thead>
<tr>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:01.069</td>
</tr>
</tbody>
</table>

**IDEAL**

<table>
<thead>
<tr>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00.333</td>
</tr>
</tbody>
</table>

### Michael Heingartner

**Suzuki RMZ250**

<table>
<thead>
<tr>
<th>LAP</th>
<th>SEG 1</th>
<th>SEG 2</th>
<th>SEG 3</th>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>59.433</td>
<td>25.896</td>
<td>33.537</td>
<td>1:00.333</td>
</tr>
<tr>
<td>2</td>
<td>20.227</td>
<td>19.335</td>
<td>20.771</td>
<td>1:00.333</td>
</tr>
<tr>
<td>3</td>
<td>20.367</td>
<td>21.973</td>
<td>25.172</td>
<td>1:07.512</td>
</tr>
<tr>
<td>4</td>
<td>20.559</td>
<td>19.040</td>
<td>20.619</td>
<td>1:00.218</td>
</tr>
<tr>
<td>5</td>
<td>20.087</td>
<td>19.490</td>
<td>25.875</td>
<td>1:05.452</td>
</tr>
<tr>
<td>6</td>
<td>1:13.918</td>
<td>23.412</td>
<td>29.023</td>
<td>2:06.535</td>
</tr>
<tr>
<td>7</td>
<td>19.722</td>
<td>19.088</td>
<td>21.014</td>
<td>59.824</td>
</tr>
<tr>
<td>8</td>
<td>25.353</td>
<td>25.584</td>
<td>28.032</td>
<td>2:10.952</td>
</tr>
<tr>
<td>9</td>
<td>20.026</td>
<td>18.471</td>
<td>20.764</td>
<td>59.261</td>
</tr>
<tr>
<td>10</td>
<td>20.413</td>
<td>22.059</td>
<td>26.103</td>
<td>1:05.752</td>
</tr>
<tr>
<td>11</td>
<td>20.044</td>
<td>18.458</td>
<td>19.769</td>
<td>58.274</td>
</tr>
<tr>
<td>12</td>
<td>1:48.011</td>
<td>32.732</td>
<td>35.571</td>
<td>2:56.314</td>
</tr>
<tr>
<td>13</td>
<td>20.008</td>
<td>18.298</td>
<td>20.154</td>
<td>58.446</td>
</tr>
</tbody>
</table>

**AVG**

<table>
<thead>
<tr>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>20.161</td>
</tr>
</tbody>
</table>

**IDEAL**

<table>
<thead>
<tr>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>19.353</td>
</tr>
</tbody>
</table>

### Jason L Langford

**Kawasaki KX450F**

<table>
<thead>
<tr>
<th>LAP</th>
<th>SEG 1</th>
<th>SEG 2</th>
<th>SEG 3</th>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>51.023</td>
<td>26.411</td>
<td>27.612</td>
<td>1:04.045</td>
</tr>
<tr>
<td>2</td>
<td>25.256</td>
<td>19.441</td>
<td>23.320</td>
<td>1:08.016</td>
</tr>
<tr>
<td>3</td>
<td>21.430</td>
<td>19.411</td>
<td>23.001</td>
<td>1:03.842</td>
</tr>
<tr>
<td>5</td>
<td>1:19.204</td>
<td>25.719</td>
<td>25.968</td>
<td>2:10.491</td>
</tr>
<tr>
<td>6</td>
<td>21.239</td>
<td>19.810</td>
<td>22.074</td>
<td>1:03.122</td>
</tr>
<tr>
<td>7</td>
<td>21.001</td>
<td>19.947</td>
<td>21.921</td>
<td>1:02.868</td>
</tr>
<tr>
<td>8</td>
<td>1:26.599</td>
<td>27.205</td>
<td>27.504</td>
<td>2:21.308</td>
</tr>
<tr>
<td>9</td>
<td>20.784</td>
<td>20.352</td>
<td>27.337</td>
<td>1:08.453</td>
</tr>
<tr>
<td>10</td>
<td>21.097</td>
<td>24.110</td>
<td>27.419</td>
<td>1:12.626</td>
</tr>
<tr>
<td>11</td>
<td>1:44.123</td>
<td>30.452</td>
<td>26.418</td>
<td>2:40.994</td>
</tr>
</tbody>
</table>

**AVG**

<table>
<thead>
<tr>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>20.121</td>
</tr>
</tbody>
</table>

**IDEAL**

<table>
<thead>
<tr>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>19.161</td>
</tr>
</tbody>
</table>

### Ryan N Smith

**Honda CRF450R**

<table>
<thead>
<tr>
<th>LAP</th>
<th>SEG 1</th>
<th>SEG 2</th>
<th>SEG 3</th>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1:19.952</td>
<td>33.281</td>
<td>42.671</td>
<td>1:05.663</td>
</tr>
<tr>
<td>2</td>
<td>20.279</td>
<td>19.443</td>
<td>22.790</td>
<td>1:02.511</td>
</tr>
<tr>
<td>3</td>
<td>20.372</td>
<td>29.221</td>
<td>25.561</td>
<td>1:15.154</td>
</tr>
<tr>
<td>4</td>
<td>20.507</td>
<td>19.612</td>
<td>22.051</td>
<td>1:02.171</td>
</tr>
<tr>
<td>5</td>
<td>20.194</td>
<td>19.753</td>
<td>30.335</td>
<td>1:10.281</td>
</tr>
<tr>
<td>6</td>
<td>20.596</td>
<td>19.445</td>
<td>21.001</td>
<td>1:01.042</td>
</tr>
<tr>
<td>7</td>
<td>50.459</td>
<td>34.101</td>
<td>27.580</td>
<td>1:52.140</td>
</tr>
<tr>
<td>8</td>
<td>19.722</td>
<td>18.874</td>
<td>21.467</td>
<td>1:00.063</td>
</tr>
<tr>
<td>9</td>
<td>20.226</td>
<td>19.323</td>
<td>31.759</td>
<td>1:11.308</td>
</tr>
<tr>
<td>11</td>
<td>20.551</td>
<td>19.361</td>
<td>21.001</td>
<td>1:00.913</td>
</tr>
<tr>
<td>12</td>
<td>1:00.060</td>
<td>30.044</td>
<td>25.102</td>
<td>1:55.206</td>
</tr>
<tr>
<td>13</td>
<td>20.267</td>
<td>19.015</td>
<td>21.430</td>
<td>1:00.712</td>
</tr>
<tr>
<td>14</td>
<td>33.650</td>
<td>34.115</td>
<td>37.969</td>
<td>1:45.734</td>
</tr>
</tbody>
</table>

**AVG**

<table>
<thead>
<tr>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00.913</td>
</tr>
</tbody>
</table>

**IDEAL**

<table>
<thead>
<tr>
<th>LAPTIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>18.874</td>
</tr>
</tbody>
</table>

---

P - lap ended in the pits  
- - lap ended on a red flag  
Average laptime is the average of laptimes within 120% of the rider's fastest lap in this session